



AN EPIC JOURNEY TO YOUR DIVINE MASCULINE & FEMININE

*For couples who want to deepen love and
intimacy in their relationship*

This fun and challenging course will take you into the subtle, and not so subtle world of your strongest essence as a man and woman. Through innovative, experiential techniques and practices you will learn to live more effortlessly, enjoying life and loving every moment!

All too often we find ourselves struggling with disappointment and with each other, and at the same time still yearning for and believing in the possibility of having a wonderful, satisfying, nurturing relationship.

In our work with couples, we have witnessed a strong need to bring couples together as a collective to explore and heal the roots of negative gender and relationship dynamics.

Our deepest desire as human beings is to have a relationship that it is a safe place to come home to, within ourselves. That place within is love, and it is where we can fully be our self and keep discovering our evolving nature.

We invite you to join us for an enlightening and empowering journey into your divine masculine and feminine.

Jo Anne Kellert and Mark J. Rich

TO ENROLL OR IF YOU HAVE QUESTIONS:

Jo Anne Kellert 707. 933. 0388
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Mark J. Rich 214. 697. 5701
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Location: Harmony Ridge Lodge, Nevada City, CA
www.harmonyridgelodge.com

Dates: October 26 Wednesday *check in 4 PM*
through Sunday October 30 *12 Noon*

Cost: \$1800 per couple which covers tuition,
private room and bath and all meals
(rooms at Harmony Ridge Lodge are limited to 8 couples)
other accommodations will be at one of
Harmony's sister lodges nearby.

\$1600 IF YOU REGISTER BEFORE OCTOBER 1ST



BE A PART OF THIS MYSTICAL JOURNEY TO THE DIVINE

Our work is founded on the universal principles of love, compassion, truth telling, and forgiveness.

In a safe and skillfully facilitated forum couples will:

- Examine how cultural conditioning around gender and sexuality are the source of key issues that cause suffering in our relationship
- Learn techniques on how to diffuse and transform impeding patterns to love and understanding
- Learn communication skills that allow for honest communication, understanding and compassion leading to more passion and ecstasy
- Transform inherited family constellations
- Heal old wounds that hinder self expression and your ability to give and receive love
- Learn how to change negative emotions to positive ones quickly and easily, anytime, anyplace – guaranteed!
- Develop a deeper connection to your personal spiritual path allowing you to be more present in your relationship with your partner
- Leave with a shared vision and plan for your future that inspires and compels both of you

This process is based on universal principles of human behavior, natural laws and the timeless power of your loving heart. It includes a range of modalities including cutting edge psychological techniques, experiential exercises, art, movement, therapeutic techniques, energetic enhancement and spiritual empowerment.



Jo Anne Kellert has been guiding her clients for over 30 years in how to transform and invent a future that reflects their dreams and core alignment. Her diverse background and experience allows her to provide what each client needs to access their unique power to create the future they desire. In the past seventeen years, she has infused her work with insights derived from her extensive study of shamanism, energy healing, ancient wisdom, and the proven practices of indigenous people around the world. She is able to effectively bridge the mythical and the real in a way that enables her clients to live extraordinary lives. She holds a Ph.D. in Business Administration, an MA in Education, and a BS in Design.



Mark Rich, DA, has helped thousands to become healthier, and more alive by bridging the gap between their physical and spiritual human natures. By presenting an integrated approach through several disciplines he helps you focus on what is important, and will heed the greatest results. Mark is a Developmental Alabiocist (DA), Shaman, Massage Therapist, Health and Fitness Instructor (NASM, ACE ACSM), and has Black Belts in Budo Taijutsu and Art of Combat. He is a graduate of twelve courses at Tom Brown Jr's Philosophy of Earth and Spirit School. He is the author of *Energetic Anatomy* and *You! The Spiritual Giant*.

THIS PROGRAM IS LIMITED TO 12 COUPLES SO THAT EACH
CAN RECEIVE SPECIAL CARE AND ATTENTION